

## Further Thoughts

- The Oregon alternative “offers an effective approach . . . if broadly adopted, there would be no reason to develop state or national tracking systems, resulting in substantial, ongoing savings . . .”

- *NAMSDL Meth Precursor Tracking Advisory Committee*

- In addition to abuse and use to make meth, pseudoephedrine has “undesirable side effects, including central nervous system stimulation, lightheadedness, nervousness, anxiety, paranoia, heart arrhythmia, atrial fibrillations and premature ventricular contractions.”

- *United States Patent 6,495,529 (Booth, et al) (Warner-Lambert, nka Pfizer) (December 17, 2002), column 1, lines 57 et seq, citing 95 American Hospital Formulatory Service 847-48.*



## Questions?

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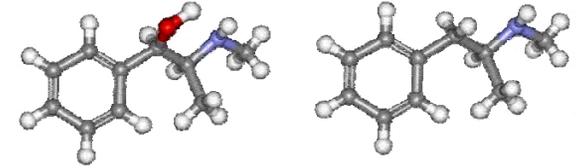
## More Info

Questions? Comments? Feel free to contact me at the e-mail address or phone number listed above.

In addition, most of the studies, data, and legislation that form the basis for this pamphlet are posted at [www.oregondec.org](http://www.oregondec.org)



## Meth Epidemic Solutions



## Meth Lab Elimination through Effective Control of Pseudo/ephedrine

**Presented to the  
California State Senate  
Committee on Public Safety**



**Sacramento, CA  
August 2009**

# The Case for Moving Pseudoephedrine to Prescription Only

## A

### Local Meth Labs

What we have learned:

- Moving pseudo/ephedrine (PSE) behind the counter (with logging) significantly reduced meth lab incidents.



- The remaining meth labs are driven by smurfing of PSE.



- To eliminate smurfing, **Oregon moved PSE to prescription only** on July 1, 2006.

- There were few complaints and no public outcry. Most PSE products were simply reformulated.

- The result is the **complete elimination of smurfing in Oregon**, and the near elimination of meth labs. The few remaining meth labs each year are due to smurfing in neighboring states.

## B

### Super Labs

What we have learned:

- Controlling the international supply of PSE directly impacts the supply of meth.

- Subtitle B of the CMEA provides for international tracking and control of PSE feeding the super labs.



- Coupled with strong action by Mexico, DEA, the INCB, and the United Nations, there was substantial progress tracking and stopping shipments of PSE feeding the super labs.

- The initial results were very positive: Declining meth purity and increasing meth price throughout most of the United States.

- **Mexico has now banned PSE entirely.**

## C

### Conclusion

The case:

- As a result of this success, many states that have not moved PSE to prescription have experienced a **surge of smurfing and a resurgence of meth labs.**



- This is very bad news for public safety, the environment, and drug endangered children.

- Electronic monitoring of PSE sales is burdensome, expensive, ineffective, and reactive.

- Instead, be proactive. Oregon completely eliminated smurfing without all of that trouble and expense, simply by returning PSE to a prescription drug, as it was prior to 1976.

- **Move PSE to prescription only. Pass California SB 484.**